

Adolescent & Young Adult Hip Disorders

Adolescent and young adult hip disorders are a relatively new area in orthopedics with many of the concepts and treatment techniques developed in the last 5-10 years. We will cover current treatment concepts for residual acetabular dysplasia, neurogenic acetabular dysplasia, and hip impingement due to Perthes deformity, SCFE, and idiopathic femoroacetabular impingement. We will cover diagnostic methods for these problems as well as state of the art open and arthroscopic treatment methods. More importantly this is currently an area of high controversy within orthopaedic surgery. We will present competing view points from experts within this field, will attempt to find consensus when possible, and debate controversies using case based discussions. By the end of this session, the audience should be able to

Course Objectives:

1. Understand the natural history of osteoarthritis development in acetabular dysplasia and its implications for surgical intervention. The audience will learn pre-operative methods of patient selection as well as methods of assessing intra-op the acetabular positioning for optimal results.
2. Cerebral palsy and Down syndrome hips pose special challenges. The audience will be able to understand the acetabular and femoral deformities in these hips as well as surgical techniques for stabilizing these challenging hips.
3. Healed Perthes hip often have very complex deformities that can cause a mixture of impingement and instability. A systematic approach to the Perthes hip will be presented. Additionally, we will discuss the role of various surgical treatment techniques such as femoral osteoplasty, relative neck lengthening, and femoral head reduction osteotomy.
4. Slipped capital femoral epiphysis natural history of osteoarthritis development after in situ pinning is well studied and yet there is recent emphasis on early correction of the residual deformity. The audience will get a balance view of the controversy as well as some insight into the modern surgical techniques available for deformity correction.
5. Femoroacetabular impingement is a relatively common condition in adults that may result in osteoarthritis. Methods of making the correct diagnosis will be presented. Current state of the art open and arthroscopic techniques will be presented and present controversies in management of this condition.

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Pediatric Orthopaedic Society of North America. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

Continuing Medical Education

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ONE DAY COURSE

May 16, 2012
Hyatt Regency Hotel, Denver, Colorado

May 16, 2012

8:00 am	Welcome/Introduction <i>Young-Jo Kim, MD, Program Chair, Boston, MA</i>
8:05 am – 9:25 am	Session I – Acetabular Dysplasia <i>Moderator: Michael Millis, MD, Boston, MA</i> <i>President: Ira Zaltz, MD, Royal Oak, MI</i>
8:05 am – 8:15 am	What is the Evidence to Support Acetabular Dysplasia as Cause of Osteoarthritis? <i>Daniel Cooperman, MD, Cleveland, OH</i>
8:15 am – 8:25 am	Is There a Role for Acetabular Dysplasia Correction in a Asymptomatic Patient? <i>Dennis Wenger, MD, San Diego, CA</i>
8:25 am – 8:35 am	DISCUSSION
8:35 am – 8:45 am	How to Select the Right Patient for Acetabular Dysplasia Correction <i>Travis Matheney, MD, Boston, MA</i>
8:45 am – 8:55 am	How to Properly Correct and Assess Acetabular Correction <i>Ira Zaltz, MD, Royal Oak, MI</i>
8:55 am – 9:10 am	Recurrent Dislocations, Complete Necrosis – Role of Pelvic Support Osteotomy <i>In Ho Choi, MD, Seoul, Korea</i>
9:10 am – 9:25 am	DISCUSSION
9:25 am – 10:30 am	Session II – Neurogenic Hip Dysplasia <i>Moderator: Dennis Wenger, MD, San Diego, CA</i> <i>President: Woodbhav Sankar, MD, Philadelphia, PA</i>
9:25 am – 9:35 am	Down Syndrome and CP Hip Deformities <i>Jonathan Schoenecker, MD, Nashville, TN</i>
9:35 am – 9:50 am	Current Concepts of Managing CP Hip Subluxation <i>Jon Davids, MD, Sacramento, CA</i>
9:50 am – 10:00 am	Management of the Down Syndrome Hip <i>Simon Kelley, FRCS, Toronto, ON, Canada</i>
10:00 am – 10:10 am	Utilization of Redirectional Pelvic Osteotomy in Neurogenic Hip Dysplasia <i>Wudbhav Sankar, MD, Philadelphia, PA</i>
10:10 am – 10:30 am	DISCUSSION
10:30 am – 10:45 am	BREAK

10:45 am – 12:00 pm	Session III – Perthes Disease <i>Moderator: Perry Schoenecker, MD, St. Louis, MO</i> <i>Presider: David Podeszwa, MD, Dallas, TX</i>
10:45 am – 11:00 am	Perthes Deformity <i>Klaus Siebenrock, MD, Bern, Switzerland</i>
11:00 am – 11:10 am	Clinical and Rediographic Analysis of Perthes Deformity <i>David Podeszwa, MD, Dallas, TX</i>
11:10 am – 11:20 am	DISCUSSION
11:20 am – 11:30 am	Application of the Surgical Dislocation Approach to Perthes Deformity <i>John Clohisy, MD, St. Louis, MO</i>
11:30 am – 11:40 am	Role of Femoral Head Surgery in Perthes <i>Dan Sucato, MD, Dallas, TX</i>
11:40 am – 12:00 pm	DISCUSSION
12:00 pm – 1:00 pm	LUNCH
1:00 pm – 2:45 pm	Session IV – Slipped Capital Femoral Epiphysis (SCFE) <i>Moderator: Jose Herrera-Soto, MD, Orlando, FL</i> <i>Presider: Ernest Sink, MD, New York, NY</i>
1:00 pm – 1:10 pm	Rate of (AVN) in Unstable SCFE – What Should the Young Orthopaedist Do? <i>Unni Narayanan, MD, Toronto, ON, Canada</i>
1:10 pm – 1:20 pm	What is the Cause of AVN in Unstable SCFE and How Can We Make the AVN Rate? <i>Randall Loder, MD, Indianapolis, IN</i>
1:20 pm – 1:30 pm	DISCUSSION
1:30 pm – 1:40 pm	Should All Unstable SCFE Be Treated Open? <i>James McCarthy, MD, Cincinnati, OH</i>
1:40 pm – 1:50 pm	Advantages and Disadvantages of the Modified Dunn Approach <i>Ernest Sink, MD, New York, NY</i>
1:50 pm – 2:00 pm	DISCUSSION
2:00 pm – 2:10 pm	Natural History of OA in SCFE/Pistol Grip Deformity <i>Pablo Castaneda, MD, Del Coyoacan, Mexico</i>
2:10 pm – 2:20 pm	Can We Alter the Natural History of OA Development with Early Realignment? <i>Jose Herrera-Soto, MD, Orlando, FL</i>
2:20 pm – 2:30 pm	Optimal Treatment Algorithm for Stable SCFE <i>Perry Schoenecker, MD, St. Louis</i>
2:30 pm – 2:45 pm	DISCUSSION
2:45 pm – 3:00 pm	BREAK

3:00 pm – 5:00 pm	Session V – Femoroacetabular Impingement (FAI) <i>Moderator: Young-Jo Kim, MD, Boston, MA</i> <i>Presider: Mininder Kocher, MD, Boston, MA</i>
3:00 pm – 3:15 pm	Prevalence and Characteristics of FAI - What is it: Mild SCFE, Osteophytes, or a New Disease? <i>Klaus Siebenrock, MD, Bern, Switzerland</i>
3:15 pm – 3:25 pm	FAI - What is Normal and What is Abnormal Findings on Exam and Radiographs, Based on Best Evidence ? <i>Mininder Kocher, MD, Boston, MA</i>
3:25 pm – 3:35 pm	DISCUSSION
3:35 pm – 3:45 pm	Basic Clinical and Radiographic Diagnosis of FAI <i>Yi-Meng Yen, MD, Boston, MA</i>
3:45 pm – 3:55 pm	What is the Role of a Total Hip Replacement in the Young Adult? <i>John Clohisy, MD, St. Louis, MO</i>
3:55 pm – 4:05 pm	DISCUSSION
4:05 pm – 4:15 pm	Pros and Cons of the Open Surgical Dislocation Approach <i>Ernest Sink, MD, New York, NY</i>
4:15 pm – 4:30 pm	Current State of the Art in Arthroscopic Treatment of FAI <i>Marc Phillippon, MD, Vail, CO</i>
4:30 pm – 4:40 pm	Role of Acetabular Surgery for FAI <i>Klaus Siebenrock, MD, Bern, Switzerland</i>
4:40 pm – 5:00 pm	DISCUSSION
5:00 pm	SUMMARY AND ADJOURN <i>Young-Jo Kim, MD, Boston, MA</i>



**2012 POSNA
ANNUAL MEETING
MAY 16–19, 2012**

Register On-line Today at www.posna.org.

Program Subject to Change

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About POSNA

The Pediatric Orthopaedic Society of North America (POSNA) is a group of professionals comprised mostly of pediatric orthopaedic surgeons. We are board certified in orthopaedic surgery and have participated in additional training to become specialized in the care of children's musculoskeletal health and our practice reflects this dedication. We, as a group, strive to become the authoritative source on such care through appropriate research that will lead to the best evidence-based patient care.

about

POSNA 2012 One Day Course Adolescent & Young Adult Hip Disorders

Hyatt Regency Hotel, Denver, Colorado
Wednesday, May 16, 2012

REGISTRATION CLOSES
April 16, 2012.
Please register on-site after this date.

COURSE REGISTRATION INFORMATION

Name: (First and last): _____

Address: _____

City: _____ State: _____ Zip: _____ - _____ Country: _____

Telephone: _____ Fax: _____ Email: _____

TUITION, Check only one:

- | | | | |
|--|----------|------------------------------------|----------|
| <input type="checkbox"/> Member | \$225.00 | <input type="checkbox"/> Resident* | \$130.00 |
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If this form is not signed you will be charged the Non-Member fee. _____

My registration in the amount of \$ _____ (U.S. Dollars only) is enclosed.
Method of payment must be enclosed or form will be returned. Only one method of payment is acceptable.

- Visa
- Mastercard (We do not accept American Express or Eurocards.)
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- Mail this form to: POSNA, 6665 Eagle Way, Chicago, Il. 60678-1066
- Registration received after April 16, 2012 will not be processed.
- Overnight Couriers will not be accepted.
- REGISTER ONLINE at www.posna.org

For convenience and prompt confirmation, use this form to register now.
Registration closes April 16, 2012
Please register on-site after this date.

REFUND POLICY: Written notice of cancellation must be sent for refund. Full refund through March 16, 2012.
20% administrative fee after March 16, 2012. No refunds after May 14, 2012.

